

North Sound Church
Discussion Questions

Antidote to Anxiety: Part 2
In Times Like These Series
Philippians 4:2-23
June 7, 2020

1. What emotions have you experienced as you watch the protests and ponder the underlying chronic pain being expressed?
2. Where do you find the good news in the midst of this?
3. How easy is it to be yourself among the people you worship with?
4. How do you create space for others to feel welcome in spite of the messiness of their lives?
5. What does it mean to you that changing the world begins with you?
6. Philippians 4:9 – “what you have learned and received and heard and seen in me – practice these things, and the God of peace will be with you.” Who do regard as a worthy human example of obedience? Who are you mentoring in the obedience of faith?
7. How do you cultivate contentment in the midst of this uncertain time?
8. This week, how will you apply careful obedience and consistent contentment to your life?