

Jan 5, 2020

What are you looking forward to this year?

What does it mean to you to gain perspective? Are there things that have happened this past year that changed your perspective on life?

What do you do to practice gratitude?

Read Ephesians 5:15-20. What phrase in this passage stirs you? What question does it bring to mind?

How do you participate with the Holy Spirit to be continually filled? How is our participation passive and/or active?

Is there something in your life that you are trying to accomplish by yourself? How could you invite the Holy Spirit to help?

Are there difficulties in your life that make it hard to practice gratitude? How can your community help you?

What would it look like to choose gratitude this year? What makes this easy for you? What makes it difficult?

How would gratitude impact your closest relationships?